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| **Family Caregiver Support Program (FCSP)** |

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| bullet | [http://www.kitsapgov.com/altc/images/caregiversupportsmall.jpg](http://www.kitsapgov.com/altc/contactus.htm#Silverdale)Family Caregiver Support plans, coordinates and provides services and support for unpaid family caregivers of adults with functional disabilities. The program provides information and assistance, training, respite care, limited legal and nutrition services and counseling and other services to help support the family caregiver in providing care to a loved one. |
| bullet | A Caregiver Support Center is located in the old [Poplars Hotel](http://www.kitsapgov.com/altc/contactus.htm#Silverdale), with

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| bullet | a caregiver resource library with internet access with links to caregiver resources, books, videos and periodicals available for loan, and   |
| bullet | individual counseling and consultation on care giving and coping skills.  |
| bullet | Monday-Friday, 11:00 a.m. to 2:00 p.m., or by scheduled appointment. Occasionally the office will be closed during these hours due to staff meetings, holidays, illness, or other unforeseen circumstances. Please call 360-337-5700 if you’d like to confirm that drop-in hours are available on the day you plan to visit the office, or to speak with a case manager over the phone during or outside of these hours.  Download and submit the Caregiver Screening as your first step in accessing services. Once we receive your screening, a case manager will contact you to review your particular situation and explain how the program can help you take care of yourself, while taking care of someone else. You may also call us at 360-337-5700 to learn more about our services, before completing the caregiver screening.[Web WA State TCARE Caregiver Personal Survey Kitsap.docx](http://www.kitsapgov.com/altc/Web%20WA%20State%20TCARE%20Caregiver%20Personal%20Survey%20Kitsap.docx)[Web WA State TCARE Caregiver Personal Survey Kitsap.pdf](http://www.kitsapgov.com/altc/Web%20WA%20State%20TCARE%20Caregiver%20Personal%20Survey%20Kitsap.pdf)  |

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For information and assistance for family caregivers, call (360) 337-5700 or
1-800-562-6418, toll free. You may also view and print an [informational brochure](http://www.kitsapgov.com/altc/pdf/FINAL%202016%20Caregiver%20Suppor%20Center%20Brochure%2068316.pdf).